






December 2018

Activities are subject to change

<u>ORCA Calendar</u>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Outdoor Recreation and Community Access</u></p> <p><u>AC</u>: Adventure Club - \$10 Open to persons 15 & over with any ability level</p> <p><u>YAC</u>: Youth Adventure Club \$10 Open to youth ages 7-14 with any ability level.</p> <p><u>SOAR</u>: Senior Activities – Open to adults 60 and over</p> <p><u>Senior Hiking Club</u>: \$5 Transportation included.</p> <p>Transportation: \$2 one way, \$3 both ways.</p> <p><u>Scholarships available.</u> Thanks to generous donations from the White Elephant Shop, Sitka Charitable Trust, and the City of Sitka.</p>	<p>Contact Joel 747-6859 or jhan- son@sailinc.org</p>				<p>Every Thursday, there are Senior Walking hours at Hames from 10am-11am. SAIL will provide rides if needed.</p>		<p>1 Monthly Grind</p>
	<p>2 Hanukah Begins</p>	<p>3 </p>	<p>4 AC Moved to Wednesday</p>	<p>5 AC: Bus Decorating 3:00pm-4:30pm</p>	<p>6 SOAR: Senior Hiking Club-Heart Lake Trail 1pm-3:30pm</p>	<p>7 </p>	<p>8</p>
	<p>9</p>	<p>10 CFC/ SAIL Visual Art Event 1pm-2:30pm</p>	<p>11 AC: Movie at the Coliseum Theater. 3:30pm-6:00pm</p>	<p>12 SOAR: Swimming 10:45am-12:15pm</p>	<p>13 SOAR: Senior Hiking Club- Sitka Cross Trail 2pm-4pm</p>	<p>14 </p>	<p>15 SOAR: Yoga! 12:30pm-1:30pm</p>
	<p>16</p>	<p>17</p>	<p>18 AC: Winter Holiday Party 3:00pm-4:30pm</p>	<p>19 AC: Swimming 10:30am-12:30pm</p>	<p>20 SOAR: Senior Hiking Club- Indian River Trail 1pm-3:30pm</p>	<p>21</p>	<p>22</p>
<p> Inspiring Personal Independence</p>			<p>25 No AC SAIL Office Closed Christmas</p>	<p>26 </p>	<p>27 No SOAR</p>	<p>Bring on the NEW YEAR!</p>	

December 2018

Adventure Club (AC) \$10: Unless otherwise stated, meet at the SAIL office at 3pm and we will return by 5pm. Snack, water and gear (upon request) will be provided.

12/5/18– Bus decorating: Let's show our winter spirit, and decorate the ORCA bus!

12/11/18– Movie at Coliseum: Let's go see a winter themed movie at the theater! *NOTE: 3:30pm-6pm*

12/18/18– Holiday Party: Let's celebrate the holiday season with games, crafting, and a holiday party!

12/19/18– Swimming: Lets go swimming at Blatchley Pool. *NOTE: 10:30am-12:30am*

SOAR \$5: Unless otherwise stated, meet at Swan Lake Senior Center at 1pm and we will return by 3:30. Snack, water and gear (upon request) will be provided.

12/6/18- Senior Hiking Club: Join us for a hike on the Thimbleberry Heart Lake Trail.

12/12/18- Senior Swimming: Join us for swimming at Blatchley Pool. *NOTE: 10:45-12:15. Meet at Blatchley*

12/13/18- Senior Hiking Club: Join us for a hike on the Sitka Cross Trail. *NOTE: 2pm-4:00pm*

12/15/18- Senior Yoga: Join us for a donation based class with Kari on the SJ Campus in Allen Hall (Pink Room). Call Kari with any questions at 738-9494. *NOTE: 12:30pm-1:30pm.*

12/20/18- Senior Hiking Club: Join us for a hike on Indian River Trail.

***All ORCA Special Activity*:** SAIL and Center for Community are proud to present monthly activities throughout the winter months. We provide all supplies and a light snack. Activities are free and open to everyone! Donations are welcome! On **December 10, from 1:00 pm to 2:30 at The Paxton Manor Community Room** (422 Andrews St.), Jennifer Carter from the Sitka Fine Arts Camp will present a visual art activity that will appeal to every skill level. For more information call Tamara at 966-4250 or Joel at 747-6859.

For more information or to reserve your spot for activities, call Clare at

747-6859, or email jhanson@sailinc.org

Sign Up for Auto-Pay! The ORCA Program is now set-up to accept auto-bill pay. Call ORCA at 907-586-0104 to set-up your account and make activity payments fast and easy! Participants are encouraged to pay monthly or in advance of activities.