








February 2018

Activities are subject to change

<u>ORCA Calendar</u>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Outdoor Recreation and Community Access</u></p> <p><u>AC</u>: Adventure Club - \$10 Open to persons 15 & over with any ability level</p> <p><u>YAC</u>: Youth Adventure Club \$10 Open to youth ages 7-14 with any ability level.</p> <p><u>SOAR</u>: Senior Activities – Open to adults 60 and over</p> <p><u>Senior Hiking Club</u>: \$5 Transportation included. Transportation: \$2 one way, \$3 both ways.</p> <p><u>Scholarships available.</u> Thanks to generous donations from the White Elephant Shop, Sitka Charitable Trust, and the City of Sitka.</p> <p>*Every Thursday, there are Senior Walking hours at Hames from 10am-11am. SAIL will provide rides if needed.</p>	<p>Contact Joel 747-6859 or jhan-son@sailinc.org</p>				* See Note: Senior Walking Hours every Thursday	1	2 Monthly Grind: Fiddle Grind
	3	4	5 AC: Coliseum Movie Theater 3:30pm-6:30pm	6 	7 SOAR: Senior Hiking Club and Yoga- Totem Park and Yoga Union 1:30pm to 4:00pm	8 Joel on JVC Retreat	9 
	10 	11 	12 Joel Returns AC: Valentines Day Tie Dye 3pm-4:30pm	13 	14 SOAR: Senior Hiking Club- Green Lake Road 1:30pm-4pm	15 SOAR: Tea and games social 1:30pm-3pm	16
	17	18 President's Day Holiday. SAIL Closed	19 AC: Scavenger Hunt and Bonfire 3pm-4:30pm	20 	21 SOAR: Indian River Trail 1:30pm-4pm	22	23
	24	25 All ORCA CFC/ SAIL Beading Event 1pm-2:30pm	26 AC: Kayaking Training 1pm-3pm	27 SOAR/AC: Swimming 10:30am-12:30pm	28 SOAR: Senior Hiking Club- Herring Cove Trail 1:30pm-4pm	 <i>Inspiring Personal Independence</i>	

February 2019

Adventure Club (AC) \$10: Unless otherwise stated, meet at the SAIL office at 3pm and we will return by 5pm. Snack, water and gear (upon request) will be provided.

2/05/19- Coliseum Theater Movie: Let's go watch a movie at the Theater. *NOTE: 3:30pm-6:30pm*

2/12/19- Valentines Day Tie Dye: Come make tie dye with us. Bring any white clothes.

2/19/19- Scavenger Hunt and Bonfire: Come hangout at Halibut Point Rec with us.

2/26/19- Kayaking Training: We hope to restart our kayaking program in the spring! Join us for a kayaking training that will be required for our spring and summer trips. *NOTE: 1pm-3pm. Meet at Blatchley.*

2/27/19- Swimming: Come swim at Blatchley pool with us! *Note 10:30 to 12:30*

SOAR \$5: Unless otherwise stated, meet at Swan Lake Senior Center at 1:30pm and we will return by 4:00. Snack, water and gear (upon request) will be provided.

2/07/19- Senior Hiking Club and Yoga: Join us for a shorter hike in Totem Park from 1:30 to 3pm and then a yoga class from 3 to 4pm with Kari Johnson at Yoga Union. Please feel free to join for either activity.

2/14/19- Senior Hiking Club: Join us for a hike down Green Lake Road.

2/15/19- Senior Tea, Games and Social: Join us for games, tea and snacks with seniors. *Note: Meet at the Senior Center from 1:30pm to 3pm.*

2/21/19- Senior Hiking Club: Join us for a hike up the Indian River Trail.

2/27/19- Senior Swimming: Come swim at Blatchley pool with us! *Note: Meet the Pool. 10:45 am -12:15 pm*

2/28/19- Senior Hiking Club: Join us for a hike at Herring Cove Trail.

***All ORCA Special Activity*:** SAIL and Center for Community are proud to present monthly activities throughout the winter months. We provide all supplies and a light snack. Activities are free and open to everyone! Donations are welcome! On **February 25th, from 1:00 pm to 2:30 at The Paxton Manor Community Room** (422 Andrews St.), we will be beading together. No previous skills are needed. For more information call Tamara at 966-4250 or Joel at 747-6859.

For more information or to reserve your spot for activities, call Joel at

747-6859, or email jhanson@sailinc.org