

April 2022

Activities are subject to change



ORCA Calendar		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outdoor Recreation and Community Access							1	2
<p><u>AC</u>: Adventure Club— \$25 Open to persons 15 & over with any ability level</p> <p><u>SOAR</u>: Senior Activities— \$10 Open to adults 60 and over</p> <p><u>Senior Hiking Club</u>: \$10</p> <p>Transportation: \$3 one way, \$5 both ways.</p> <p>Scholarships available. Thanks to generous donations from individual donors and granting partners.</p>		3 	4 AC: Yoga and Totem Park (1:30-3:30pm)	5 Senior Walk (1-2pm)	6	7 SHC: Yaaw Kookk' (10:30am-12:30pm) Zoom Get Together (2:30-3:30pm)	8 	9
		10	11 	12 AC: Egg hunt and walk (1:30-3:30pm) Senior Walk (1-2pm)	13	14 SHC: Yoga and Totem Park (10:30am-12:30pm) Zoom Get Together (2:30-3:30pm)	15 	16
		17 <i>Easter</i>	18	19 Senior Walk (1-2pm)	20	21 SHC: K'aan Héeni (10:30am-12:30pm)	22 AC: Parade of Species (3-5pm) <i>Earth Day</i>	23 
<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Contact Matt 888-487-1029 or mmillado@sailinc.org</p> </div>		24	25	26 AC: Earth Day craft and litter cleanup (1:30-3:30pm) Senior Walk (1-2pm)	27	28 SHC: Gájaa Héen Wat (10:30am-12:30pm) Zoom Get Together (2:30-3:30pm)	29 	30
Want to join in on the fun? Become an ORCA Volunteer!		31				Starrigavan Campout →		

April 2022

Adventure Club (AC) \$25: Meet at the location stated at 1:30pm. **Call to organize transportation if needed.** Snack, water, and gear (upon request) provided.

4/4/22– Yoga and Totem Park: Come do yoga with Kari at Yoga Union followed by a visit to Totem Park to become Junior Rangers!

4/12/22– Egg hunt and walk: Come look for Easter eggs at the SAIL office then take a walk!

4/22/22– Parade of species: Come attend the Sitka Conservation Society's Parade of Species with us!

4/26/22– Earth Day craft and cleanup: Come craft with us and clean up litter at Starrigavan!

SOAR \$10: Meet at the trailhead at 10:30am. **Call to organize transportation if needed.** Poles and snacks provided.

4/7/22–Senior Hiking Club: Come hike **Yaaw Kookk' (Herring Cove)** with us.

4/14/22–Senior Hiking Club: Come hike **Totem Park** followed by **yoga with Kari** at Yoga Union.

4/21/22–Senior Hiking Club: Come hike **K'aan Héeni (Thimbleberry Lake)** with us.

4/28/22–Senior Hiking Club: Come hike **Gájaa Héen Wat (Starrigavan Estuary)** with us.

Starrigavan Campout: Join us for a night of camping at the Starrigavan Creek Cabin Thursday, May 5 -Friday, May 6! Open to all SAIL participants. Please call ahead to reserve your spot.

Kayaking Camp: Join us for three kayaking sessions and two water safety sessions Monday, June 6 -Friday, June 10! Open to all SAIL participants. Please call ahead to reserve a spot—space is limited!

SEARHC Move for a Cause: SEARHC'S Move for a Cause starts April 1st. This four-week program is designed to enhance your fitness while raising funds for SAIL! For more information please visit searhc.org/moveforacause.

Zoom Get Togethers: Every Thursday from 2:30-3:30pm. Come hang out on Zoom with us, stretch and exercise, and play games! Please call or email Matt for the Zoom link.

Senior Walking Hours: Senior walking hours are back at the Hames Center! SAIL is not offering transportation at this time.

****COVID considerations:** Please bring a mask to wear on activities. We will also have extras available. **Please call to reserve a spot for transportation.****

For more information or to reserve your spot for activities, call Matt at 888-487-1029, or email