

November 2023



ORCA Calendar

Outdoor Recreation and Community Access

AC: Adventure Club - \$25

Open to persons 15 & over with any ability level

SOAR: \$10 Senior Activities

– Open to adults 60 and over

Senior Hiking Club (SHC):





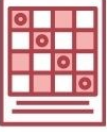









\$10 Transportation included.

Transportation: \$3 one way, \$5 both ways.

Scholarships available. Thanks to generous donations from individual donors and granting partners.

Contact Kari at
888-487-1033 or
krogers@sailinc.org

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 SHC: Cross Trail 	3 Bingocize! 	4
5	6 	7 AC: Swimming	8	9 SHC: Kóokk' Ta Héen 	10 Bingocize! 	11
12	13 	14 AC: Fall Crafting with Mary!	15	16 SHC: Harbor Walk 	17 Bingocize! 	18
19	20 	21 AC: Hames Center Games	22	23 Thanksgiving: SAIL Office Closed 	24	25
26 Becks (Juneau ORCA JV) in Sitka!	27 Watercolor Class 	28 AC: Baking 	29 Watercolor Class 	30 SHC: Kaasdahéen 		

November 2023

SAIL Watercolor Class: SAIL is putting on a two week, four session watercolor class with Patricia Kehoe of Island Artists Gallery Sitka. The class is \$50 with all materials included and no watercolor experience required. Classes will run on Mondays and Wednesdays from 6-8pm for the two week period of the class, starting on November 27th and ending on December 6th at the Alaska Housing Finance Corporation Community Room. Call or email Kari at 888-487-1033 to pay and reserve a spot.

Adventure Club (AC) \$25: Meet at the location stated at 1:30 pm. **Call to organize transportation if needed.** Snack, water, and gear (upon request) provided.

11/07/23 — Swimming: Join us at Mt. Edgecumbe Pool for some fun time in the water.

11/14/23 — Fall Crafting with Mary!: Join us at the SAIL office for fall crafts with last year's ORCA coordinator, Mary!

11/21/23 — Hames Center Games: Join Adventure Club at the Hames Center for a sporty afternoon.

11/28/23 — Baking: Join us at Alaska Housing Finance Corporation for pumpkin themed baking with Becks, ORCA staff from Juneau!

SOAR \$10: Meet at the location stated at 10:30am. **Call to organize transportation if needed.** Poles and snacks provided.

11/02/23 — Senior Hiking Club: Come hike the Cross Trail (Kramer Ave Entrance) with us!

11/09/23 — Senior Hiking Club: Come hike Kóokk' Ta Héen (Blue Lake Road) with us!

11/16/23 — Senior Hiking Club: Come hike along the Harbor with us (starting at Totem Park)!

11/30/23 — Senior Hiking Club: Come hike the Kaasda Héen (Indian River) trail with us!

Zoom Get Togethers: Every Thursday from 2:30-3:30pm. Come hang out on Zoom with us, stretch and exercise, and play games! Please call or email Mary for the zoom link.

Senior Activities : Here are a few activities for seniors in the community, we encourage you to attend!

Strong and Steady Class: Join Dorothy Orbison for her Strong and Steady class on Tuesday and Thursday afternoons at 2:00pm at the Senior Center.

Doughnuts for Seniors: Free doughnuts for seniors on Thursday mornings from 10:00am-11:15am at Sea Mart.

Coffee with Elders: Coffee time for elders on November 16th from 11:30am-1:30pm.

Bingocize: Join for Bingo and light exercise at the ANB Hall on Fridays from 1:00-2:30pm.

For more information or to reserve your spot for SAIL activities, call Kari at

888-487-1033, or email krogers@sailinc.org