

February 2024



ORCA Calendar	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Outdoor Recreation and Community Access</p> <p><u>AC</u>: Adventure Club - \$25 Open to persons 15 & over with any ability level</p> <p><u>SOAR</u>: \$10 Senior Activities – Open to adults 60 and over</p> <p><u>Senior Hiking Club (SHC)</u>: \$10 Transportation included. Transportation: \$3 one way, \$5 both ways.</p> <p>Scholarships available. Thanks to generous donations from individual donors and granting partners.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Contact Kari at 888-487-1033 or krogers@sailinc.org</p> </div> <p>**Activities are subject to change**</p>					<p>1 SHC: Cross Trail</p> 	<p>2 Bingocize!</p> 	<p>3</p>
	<p>4</p>	<p>5</p>	<p>6 AC: Movie - Groundhog's Day</p>  	<p>7</p>	<p>8 SHC: Starrigavan Estuary</p> 	<p>9 Bingocize!</p>	<p>10</p>
	<p>11</p>	<p>12</p>	<p>13 Elder Coffee Time AC: Valentine's Crafts</p>  	<p>14 <i>Valentine's Day</i></p>	<p>15 SHC: K'aan Héeni</p> 	<p>16 Bingocize!</p> 	<p>17</p>
	<p>18 Intergenerational Walking Club</p> 	<p>19</p>	<p>20 AC: Baking</p> 	<p>21</p>	<p>22 SHC: Cross Trail</p> 	<p>23 Bingocize!</p>	<p>24</p>
	<p>25</p>	<p>26</p>	<p>27 AC: Jewelry Making</p> 	<p>28</p>	<p>29 SHC: Totem Park</p> 		

February 2024

Adventure Club (AC) \$25: Meet at the location stated at 1:30 pm. Call to organize transportation if needed. Snack, water, and gear (upon request) provided

02/06/24 – Movie - Groundhog's Day: Join us in the SAIL office for a movie day and snacks!

02/13/24 – Valentine's Crafts: Join us in the SAIL office to make Valentine's cards and crafts.

02/20/24 – Baking: Meet us at the Alaska Housing Finance Co. to make and decorate cookies.

02/27/24 – Jewelry Making: Join us in the SAIL office to make some bracelets and necklaces!

SOAR \$10: Meet at the location stated at 10:30am. Call to organize transportation if needed. Poles and snacks provided.

02/01/24 – Senior Hiking Club: Come hike the Cross Trail (Kramer Ave Entrance) with us!

02/08/24 – Senior Hiking Club: Come hike the Starrigavan Estuary Trail with us!

02/15/24 – Senior Hiking Club: Come hike the K'aan Héeni (Thimbleberry/Heart Lake) with us!

02/22/24 – Senior Hiking Club: Come hike the Cross Trail (Yaw Drive Entrance) with us!

02/29/24 – Senior Hiking Club: Come hike Totem Park with us!

Zoom Get Togethers: Every Thursday from 2:30-3:30pm. Come hang out on Zoom with us, stretch and exercise, and play games! Please call or email Kari for the zoom link.

Senior Activities : Here are a few activities for seniors in the community, we encourage you to attend!

Strong and Steady Class: Join Dorothy Orbison for her Strong and Steady class on Tuesday and Thursday afternoons at 2:00pm at the Senior Center.

Bingocize: Join for Bingo and light exercise at the ANB Hall on Fridays from 1:00-2:30pm.

Elder Coffee Time: Join Sitka Tribe of Alaska and SAIL for Elder Coffee Time from 11:30am -1:30pm at Harrigan Centennial Hall.

Intergenerational Walking Club: SAIL is partnering with STA, STW, and SCS for a monthly walking club with elders and youth from MEHS.

For more information or to reserve your spot for SAIL activities, call Kari at 888-487-1033, or email krogers@sailinc.org